

Full Report (All Nutrients) 45015691, GOYA, POTTED MEAT, UPC: 041331033879

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Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer GOYA FOODS, INC.

Nutrient	Unit	Data points	Std. Error	85.0 g 85g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	140	165
Protein	g	--	--	11.00	12.94
Total lipid (fat)	g	--	--	11.00	12.94
Carbohydrate, by difference	g	--	--	0.00	0.00
Minerals					
Calcium, Ca	mg	--	--	80	94
Iron, Fe	mg	--	--	1.44	1.69
Sodium, Na	mg	--	--	770	906
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	4.8	5.6
Vitamin A, IU	IU	--	--	0	0
Lipids					
Fatty acids, total saturated	g	--	--	4.003	4.710
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	90	106
Amino Acids					
Other					
Ingredients					
MECHANICALLY SEPARATED CHICKEN, BEEF TRIPE, WATER, SALT, LESS THAN 2%: MUSTARD, NATURAL FLAVORINGS, DRIED GARLIC, VINEGAR, DEXTROSE, SODIUM ERYTHORBATE, SODIUM NITRITE. <i>Date Last Updated by Company:</i> 04/11/2015					